



## Years 7 – 8 Amazing Race

### Theme: Continuity and Change

#### Lesson 1 - Amazing Race

4C3 Students will describe and demonstrate a range of assertive communication skills and processes that enable them to interact appropriately with other people.

LO students will demonstrate interpersonal skills to work effectively as a team through a challenging situation

Every session begins with a **Chinese Whisper** (clue towards final destination in Amazing Race – Beijing, but this is secret). Students must wait until the message has made its way around the group and the final person shares the message:

Deliver Chinese Whisper

**Chinese Whisper:** *“There is precious Taonga buried in the sandpit, we must dig it up...”*

[http://www.olympic.org/uk/games/ancient/index\\_uk.asp](http://www.olympic.org/uk/games/ancient/index_uk.asp)

Begin lesson seated around sandpit and share Chinese whisper. Prior to lesson teacher will have

- buried a plastic bag containing 5 Ancient Olympic Truce Disks (**Link:** [http://www.olympic.org/uk/organisation/missions/truce/truce\\_uk.asp](http://www.olympic.org/uk/organisation/missions/truce/truce_uk.asp)), <http://www.greek-thesaurus.gr/b1c.html> (coloured Frisbees could be used) and five pieces of elastic long enough to loosely connect a team of 5 or 6 students in red, blue, green, black, yellow (Olympic Rings colours and significant to Chinese culture also)
- pre select 5 even teams of students
- write the ‘Olympic Taonga’ on card to be placed at various points around an obstacle or orienteering course

#### **Teacher note:**

*Refer to Curriculum in Action: Olympism Attitudes and Values in Physical Education p.16 ‘Seeking the Taonga’. A modification to this task could be that students are looking for taonga that will be required to be written on their team Truce. Taonga (treasures) will reveal continuity and change of the Olympic Games over time (776BC – 2008).*

Olympic taonga for Amazing Race are as follows:

- Altar of Zeus
- Stadium
- Hippodrome
- Athlete
- Statue
- Pierre De Coubertin
- Olympic rings
- Olympism
- Beijing
- Chinese identity and values
- Fuwa (friendlies - mascots)
- Green Games, Technological Games, People’s Games
- Human Rights
- One World

## Showcase China:

### **Teacher note:**

*Prior to session, teacher plans an obstacle/ orienteering course using existing playgroup equipment or around school. Each of the 14 Olympic taonga above must be hung strategically about this course.*

### **At the conclusion of each lesson – finish with Truce Time:**

Truce time: relevant information from this session is discussed and each team is required to ask a question to the class.

### **Teacher note**

*Groups must prove that they have recorded all Olympic taonga on their truce disc to qualify for the next Chinese whisper. This can be written on the disc in marker pen for future reference.*

### **Deliver Chinese Whisper**

***Chinese Whisper: 'An ancient site where athletes gathered every four years'***

This could be researched for homework in preparation for the journey to follow.