



Years 4 - 6 One World
Theme: Chinese Identities and Values

Lesson 4 – Chinese identities and values

Level 3 Achievement objective, B2 – *Students will develop movement skills and demonstrate confidence in challenging situations*

Learning objective

Students will participate in a range of Chinese activities demonstrating confidence in a novel cultural context.

Activity 1 – Introduce China

- Present a number of facts and geographical location.
- Identify that China is sectioned into four municipalities: Beijing, Chongqing, Shanghai, and Tianjin.
- Divide the class into four groups named for the four municipalities of China.
- The whole class plays same cultural game but within their own group.

Chinese cultural games (adapted from [Travel China Guide](#)):

- Tug of war (bahe)
- Lion Dance (wushi) – a tag game based on the Lion Dance: four members per team, three hold hands, fourth lion tries to tag selected lion from team of three.
- Dancing among bamboo pole (tiao zhugan) – like elastics. In Chinese culture, poles are horizontal and parallel and are moved in and out and up and down. We suggest these are kept static but are moved higher on each successful turn.
- Stepping on high (gaojiao) – stilts. We suggest that, for this age group, tin can romper-stompers are used (tin cans upside-down with rope threaded through to be held at elbow level).

Teacher notes:

Work through activities (teacher directed). Ensure website links are investigated to research the history of each game – this is necessary to meet learning outcomes.



Tug-of-war contest, Chaozhou Experimental School, Guangdong (from [Beijing 2008 website](#))

Many activities are accompanied by singing, dancing, and instrumental performance. Use cymbals and other musical instruments to provide rhythm in the background as activities proceed – students can do this.

Perhaps bring in a Chinese person to talk about Chinese culture – maybe provide a practical session in t'ai chi.