



Years 0 – 3 One World
Theme: Similarities and Differences

Lesson Six: Ancient Greece

2C2 Students will describe how individuals share characteristics and are also unique

LO Students will participate in activities traditional to Ancient Grecian culture and describe how these activities were unique

1B1 Students will develop a wide range of movement skills

LO students will participate in a selection of Ancient Olympic activities

Activity 1:

Olympa-groove

Teacher note:

Provide some facts about Greece and the Ancient Olympic Games

<http://www.socialstudiesforkids.com/articles/worldhistory/ancientgreekolympics1.htm> or use storybooks from reading list in Lesson1. Children should understand that the Olympic Games are VERY old and that these were activities from a VERY long time ago (776BC)

Activity 2:

Grecian games

Children work in groups of 8 to complete the same task (give each group a Grecian state name (eg Sparta, Athens, Corinth, Delphi, Thebes, Elis, Rhodes) . Spend 5 – 7 minutes exploring each activity as a class then move on to the next (while the class works in groups, they are still doing the same activity at the same time).

1. Sprint race – Running the length of the Stadium. Groups line up together to race against own group members then next group races
2. Chariot racing: pair children up within the group of 8, one as the horse, the other as the charioteer (using skipping rope around the horses belly). Use the 400m track and spread children out around the track so that pairs are running no more than 60m (consistent with Athletics Guidelines).
3. Pankration (boxing/wrestling): Modification of this wrestling game is knee slaps. In pairs attempt to slap the knees of your partner as they try to do the same to you. First to 5 then swap partner within your group of 8.
4. Hoplitodromas (Race in Armour): Each team of 8 must carry their “armour” as they take part in the relay event (of own design). You can adapt sports equipment for armour (eg: head gear, practice javelins, cricket pads etc)

Questions:

What to these events remind you of?

Why were there events like this?

How are these games different to what people play now?

How are they the same?

Why do these games have rules?

Teacher note:

Before lesson seven, remind children that the Olympic Games began in Greece and every 4 years (Olympiad) these Games are still held but are shared around different countries.