



Years 9 – 10

Theme: Sustainability

Lesson one: invitation and educative value of sport

4C2 Students will recognise instances of discrimination and act responsibly to support their own rights and feelings and those of other people

LO Students will identify characteristics associated with sport

LO Students will describe and demonstrate moral and ethical attitudes and behaviours associated with sport

Activity one:

Invitation to the Beijing Youth Olympic Games (YOG) 2008 – Read press release about YOG on weblink and watch video of IOC President Jacques Rogge explaining his hopes for the Youth Olympic Games.

http://www.olympic.org/uk/news/olympic_news/full_story_uk.asp?id=2227

Teacher announces to the class that they have been selected to represent a New Zealand voice for the Beijing Youth Olympic Games.

Activity 1:

Moral and ethical basis of sport

Play a highly competitive game suited to the needs of students in your class

Play the same game again using Hellison's social responsibility model.

(www.tki.org.nz/r/health/sport_studies/approaches/index_e.php)

Activity two:

Characteristics of sport

Discuss these characteristics with the students

Characteristics of sport

- Rule governed and practiced with traditions and customs
- Each sport pursues its own intrinsic goals
- Social interaction
- Rivalry, contest and competition
- Physical exertion
- practised with moral and ethical sense

(Arnold, 1997)

Key questions

Why do we have rules?

How much can rules ensure fairness and non-discriminatory practice?

Should we need rules?

Activity three:

Olympic Games Events based poll

Students vote on their top four Olympic Sports to be used as the basis for the following lesson.

Teacher note:

Prior to next session: Teacher will need to prepare 4 stations based on the top 4 class choices of Olympic Sport. Participation in these stations will be used as pre-requisites for obtaining information on the 4 Olympic Ideals.